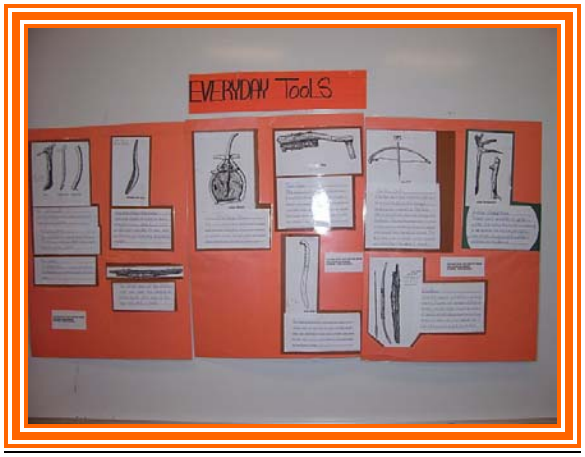
ᐊᑎᖓ ᑯᒫᕐᔪᒃ ᐃᓕᓐᓂᐊᕐᕕᒃ

ᐱᑐᖃᓕᕆᓂᖅ 2007
ᑐᓴᒐᒃᓴᑦ ᐅᕙᙵᒐᑦ ᐅᖃᓕᒫᒐᕐᒥᑦ ᐱᔪᑦ - ᓇᑦᓯᓕᖕᒥᐅᑦ ᐃᓄᐃᑦ
ᑎᑎᕋᖅᑕᖓ ᐊᓯᓐ ᐸᓕᑭ



ᐸᓇ ᐅᕝᕙᓘᕝᕙ ᐊᐳᓯᕆᔾᔪᑦ ᐱᓚᐅᑦ
ᐸᓇ ᐅᕝᕙᓘᕝᕙ ᐊᐳᓯᕆᔾᔪᑦ ᐱᓚᐅᑦ ᓴᓇᓯᒪᔾᔪᖅ ᓇᒡᔪᐃᓐᓇᖅ ᐱᓚᓯᐊᕆᓯᒪᔪᖅ. ᑕᑭᓂᖃᖅᓗᓂ 15 ᐃᓐᓯᔅ ᐊᒻᒪᓗ ᐃᐳᖓ ᐃᑎᖅᓯᓂᖃᖅᓗᓂ. ᐊᑐᖅᑕᐅᕙᒃᑐᕕᓂᖅ ᐊᐳᒻᒥᒃ ᐊᐅᕕᒃᓴᕈᑕᐅᕝᓗᓂ ᐃᒡᓗᓕᐊᖕᒍᓂᐊᖅᑐᒥᒃ. ᐊᖕᒍᑎᐅᑉ ᐱᓚᐅᑎᖓ ᐊᒻᒪᓗ ᐊᖕᒍᑎᑦ ᐊᑐᓂ ᐸᓇᓕᔾᖅᐸᓚᐅᖅᐳᑦ.

ᒥᖅᑯᓕᖕᓂᒃ ᐃᑦᓚᐃᔪᑎᑦ
ᑖᒻᓇ ᐊᑐᖅᑕᐅᕙᓚᐅᖅᑐᕕᓂᖅ ᐊᕐᓇᓂᑦ ᑐᒃᑐᑦ ᐊᒥᖕᒋᓂᒃ ᑐᑦᕈᓗᐊᖅᑐᓂᒃ ᐅᑭᐊᒥ ᓴᒐᒐᕈᖅᑎᕈᑎᒋᔾᐅᕝᓗᑎᒃ ᐃᑦᓚᐃᖅᓗᒋᑦ, ᐅᕝᕙᓘᕝᕙ ᐅᐱᕐᖓᒃᓴᒥ ᑐᒃᑐᑦ ᒥᖅᑯᖕᒋᓐᓂᒃ ᐅᑭᐅᖓᓂ ᒥᖅᑯᓚᐅᖕᒋᓂᒃ ᐃᑦᓚᐃᖅᓗᒋᑦ ᓴᒐᒐᕈᑎᕈᑎᒋᔾᐅᕝᓗᓂ.

ᐃᖃᓗᒃᐲᑦ ᐊᒥᕋᖕᒋᑦ ᐸᓂᖅᓯᖅᓗᒋᑦ ᑲᒃᐱᑦᑎᐊᕙᐅᕙᒃᑭᕗᑦ ᐊᖕᒍᑎᑦ ᓴᓐᓇᑎᒐᓚᖕᒋᓄᑦ, ᓱᕐᓗ ᐃᑯᑖᖓᓂᒃ ᐊᒻᒪ, ᐱᓚᐅᑎᖓᓂᒃ..

ᑲᒃᐱᒃ ᐊᒻᒪ ᑎᒋᑦ
ᐊᕐᓇᑦ ᑲᒃᐱᓕᔾᖅᐸᓚᐅᖅᐳᑦ ᖃᑎᒐᖕᒥᖕᓂ ᐅᕐᓇᖕᒍᐊᖅᓗᒋᑦ, ᖁᓪᓕᑦᒥᒃ ᐱᑑᑕᖓᓄᑦ ᕿᓚᒃᓯᒪᕝᓗᒋᑦ. ᒥᖅᑯᑎᑦ ᐊᒻᒪ ᒥᖅᑯᑎᓄᑦ ᑲᒃᐲᑦ ᓴᓇᓯᒪᕙᓚᐅᖅᐳᑦ ᓴᐅᓂᕐᒥᑦ. ᒥᖅᑯᑎᑦ ᑲᒃᑭᑎᓯᒪᕝᓗᑎᒃ ᐊᒥᕐᒧᑦ ᑲᒃᐱᖕᒧᑦ ᐊᑕᔪᒧᑦ. ᑎᒋᑦ ᓴᓇᓯᒪᕙᓚᐅᖅᐳᑦ ᓇᑦᓯᐅᑉ ᕿᓯᖓᓂᑦ.

ᐃᑰᑕᖅ
ᐃᑰᑕᖅ ᓴᓇᓯᒪᕙᓚᐅᖅᐳᖅ ᐱᑎᒃᑕᐅᑎᑐᑦ ᑕᐅᑦᑐᓕᖕᒥᒃ ᑲᐃᕕᑦᑎᔾᔪᑎᖃᖅᓗᓂ, ᐊᒻᒪ ᐅᕐᑯᒻᒥᐊᖃᖅᓗᓂ ᐃᑰᑕᖃᖅᓗᓂᓗ. ᐃᑰᑕᐅᑉ ᑲᐃᕕᑦᑎᔾᔪᑎᖓ ᑐᓕᒫᖕᒍᕙᓚᐅᖅᐳᖅ ᑐᒃᑐᑉ ᓇᓄᕙᓘᕝᕙ ᑐᓕᒫᖓᓂᑦ ᓄᖃᖅᓯᖃᖅᓗᓂ ᓇᑦᓯᐅᑉ ᕿᓯᖓᓂᒃ. ᑖᒻᓇᓕ ᐅᕐᑯᒻᒥᐊᖓ ᑐᒃᑐᑉ ᓱᑦᕐᑯᐊᖓᑕ ᓴᐅᓂᖓ ᐊᒻᒪ ᐃᑰᑕᖓ ᓴᕕᐅᕙᓗᓂ ᑲᖏᖃᖅᓗᓂ ᕿᔪᖕᒥᒃ ᑎᕙᔾᔪᕕᓂᕐᒥᒃ. ᑖᒻᓇ ᐃᑰᑕᖅ ᐊᑐᒐᐅᕙᓚᐅᖅᑐᖅ ᐳᑐᓯᔾᔪᑕᐅᕙᒃᓗᓂ ᓱᓇᒥᐊᓂᒃ ᐃᓄᐃᑦ ᐊᑐᖅᐸᒃᑕᖏᓐᓂᒃ.

ᐋᔭᕆ

ᐋᔭᕆ ᑐᐊᑦᑐᒥᒃ ᓴᕕᐅᓂᖃᔪᓚᐅᖅᐳᖅ ᓇᒡᔪᖕᒧᑦ ᐃᓕᓯᒪᔪᒥᒃ ᐃᐳᒋᕝᓗᓂᐅᒃ ᕿᓯᖕᓂᒃ ᐊᒃᓗᓇᐅᔭᖃᖅᓗᓂ.

ᓴᓇᐅᔭᕈᑦ ᐱᓚᐅᑦ

ᓴᓇᐅᔭᕈᑦ ᐱᓚᐅᑦ ᓴᕕᖕᒥᒃ ᓄᕗᖃᖅᐳᖅ ᓄᕗᐊ ᓂᐅᖕᒐᓗᓂ.

ᖁᕝᔫᑦ ᐱᓚᐅᑦ

ᖁᕝᔫᑦ ᐱᓚᐅᑦ ᐊᑐᒐᐅᕝᓚᐅᖅᐳᖅ ᓴᐅᓂᖅᓂᒃ ᖁᐱᓯᔾᔪᑕᐅᕝᓗᓂ. ᑕᒪᒃᑯᐊ ᓴᓐᓇᑎᑦ ᑐᒃᑐᑦ ᓇᒡᔪᖕᒋᓐᓂᒃ ᓴᓇᐅᔭᕈᑎᑑᕝᓚᐅᖅᐳᑦ.

ᐅᔫᑦ

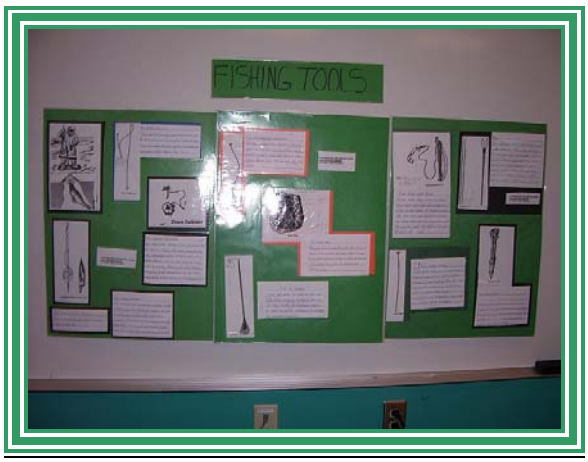
ᐅᔫᑦ ᐅᔫᑕᐅᕝᓚᐅᖅᐳᖅ ᖃᕝᓗᓈᓂᑦ ᔫᕈᐸᒥᐅᕕᓂᖅᓂᑦ ᖃᐅᔨᔭᐅᕝᓗᓂ. ᑖᒪᓇ ᓴᕕᐅᕝᓗᓂ ᓴᓇᓯᒪᔪᖅ, ᑐᒃᑐᐸ ᓇᒡᔪᖕᒐᓂᒃ ᐃᐳᖃᖅᓗᓂ. ᑭᒍᑎᖕᒋᑦ ᐊᒋᐊᖅᓗᒋᑦ ᐃᐱᒃᓴᖅᓗᒋᑦ ᓄᕝᕗᓇᒃᓴᖅᓗᒋᑦ ᓴᓇᔭᐅᕝᓗᑎᒃ.

ᓇᒡᔪᖕᓂᒃ ᑎᑯᖅᓯᓕᕈᑎᑦ

ᑖᐸᑯᐊ ᐊᑐᒐᐅᕝᓚᐅᖅᑐᑦ ᓇᒡᔪᖕᓂᒃ ᑎᑯᖅᓯᓕᕈᑕᐅᕝᓗᑎᒃ. ᓇᒡᔪᒃ ᑎᑯᖅᓯᓕᓇᐊᖃᖅᐸᑦ, ᓯᕗᓕᕐᒥᒃ ᐆᓇᖅᓯᑎᑕᐅᓚᐅᖅᓗᓂ ᐊᒻᒪ ᑭᓪᓚᕐᓄᑦ ᐃᓕᔭᐅᓕᖅᓗᓂ ᑎᑯᖅᓯᓕᕈᑎᐸ ᑭᓪᓚᐃᓄᑦ. ᑕᐃᒪᓐᓇ ᓇᒡᔪᖅ ᑎᑯᖅᓯᓕᖅᑕᐅᕝᓚᐅᖅᐳᖅ.

ᐱᑎᒃᓯ

ᐱᑎᒃᓯᑦ ᐊᑐᒐᐅᕝᓚᐅᖅᐳᑦ ᐱᑕᕐᓂᓗᒍᑕᐅᕝᓗᑎᒃ ᓱᓇᒥᐊᓂᒃ ᓂᕐᔪᑎᓂᒃ ᓲᕐᓗ ᓇᓐᓄᓂᒃ, ᐅᒥᖕᒪᖕᓂᒃ ᑭᓯᐊᓂ ᑕᒪᒃᑯᐊ ᒪᖃᐃᑎᓄᑦ ᐊᑐᒐᐅᒻᒪᕆᒃᐸᓚᐅᖅᑐᑦ ᑐᒃᑐᓐᓂᓗᒍᑕᐅᕝᓗᑎᒃ. ᓴᓇᓯᒪᔪᑦ ᑐᒃᑐᑦ ᐅᒥᖕᒪᐃᓪᓗ ᓇᒡᔪᖕᒋᓐᓂᑦ.



ᖃᔭᖅ

ᖃ ᔭᖅ ᑕᑭᓂᖃᓚᐅᖅᐳᖅ 22-ᖕᒍᓪᓗᐊᖅᑐᑦ ᐃᑎᒐᐃᑦ. ᓴᓇᓯᒪᔪᖅ ᕿᔪᖕᓂᒃ ᑎᕝᔭᕐᓗᖕᓂᒃ ᑲᑎᖅᓯᕝᓗᑎᒃ ᐊᒻᒪ ᑐᓕᒫᖃᖅᓗᓂ ᐅᖅᐱᒃᑲᓂᒃ. ᖃᔭᐃᑦ ᑭᑭᐊᒃᑐᖅᓯᒪᕕᓪᓚᖕᒋᑦᑐᑦ. ᐊᒥᖃᖅᑐᑦ ᓇᑦᓯᐅᐸ ᕿᓯᐊᓂᒃ. ᒪᖃᐃᑎ ᒪᓪᑐᖕᓂᒃ ᑕᑭᔪᖕᓂᒃ ᐅᓈᖃᖅᓗᓂ ᐊᒻᒪ ᑕᒫᓂ ᖃᔭᐅᐸ ᖄᖕᒐᓂ ᓯᕗᕝᓂ ᐃᓕᓯᒪᕝᓗᓂ. ᓇᓄᐸ ᐊᒥᖕᒐᓂᒃ ᖃᔭᐅᐸ ᐊᑖ ᐃᒃᓯᕝᕝᕕᖃᖅᓗᓂ.

ᖃᒧᑎᒃ

ᓇᑦᓯᐅᑉ ᕿᓯᖓᓂᒃ ᖃᖓᓴᖅ ᖃᒧᑎᖃᖅᐸᓚᐅᖅᓯᒪᕗᑦ ᕿᔪᖕᓂᒃ ᑎᕝᔭᕐᓗᖃᓗᐊᖅᐸᖏᒻᒪᑦ. ᓇᑦᓰᑦ ᕿᓯᑐᖃᖏᑦ ᖁᕝᓗᖅᑕᐅᕝᓚᐅᖅᐳᑦ ᐊᒻᒪ ᑰᖕᒧᖅᑕᐅᕝᓗᑎᒃ ᑭᓂᐅᖅᓯᖅᑕᐅᕝᓗᑎᒃ. ᐊᒻᒪ ᑭᓂᐅᕋᖓᑕ ᖃᑭᑎᑕᐅᕝᓗᑎᒃ, ᐃᓯᕕᓴᓗᒋᓪᓗ ᐊᒻᒪ ᐃᖃᓗᖕᓂᒃ ᐃᓕᐅᕋᐃᕝᕕᐅᓕᖅᓗᑎᒃ ᑖᑉᑯᐊᒃ ᖁᐱᓯᒪᔫᒃ. ᐊᒻᒪ ᕿᓱᒃ ᓂᕿᕕᑎᑕᐅᕝᓗᑎᒃ ᓱᑲᖓᑦᑎᐊᖅᓗᒋᒃ ᓵᓕᑎᖅᑕᐅᕝᓗᑎᒡᓗ ᓯᕗᓂᓇᓂᐊᖅᑕᒋᒃ ᐋᕐᓗᖅᑎᓴᓗᒋᒃ, ᐊᒻᒪ ᕿᕿᑦᓯᐊᖕᒍᓕᖅᓗᑎᒃ. ᑐᒃᑐᑉ ᓇᒡᔪᖏᓐᓂᒃ ᓇᐳᕝᓗᒋᒃ ᐊᒻᒪ ᓇᑦᓯᐅᑉ ᕿᓯᖓᓂᒃ ᓇᐳᓕᐅᑎᖃᖅᓗᑎᒃ. ᐊᒻᒪ ᐃᕝᔪᖅᑕᖅᓗᑎᒃ, ᐃᕝᔪᖅ ᐊᑯᕝᓕᖅᓗᒍ ᐊᐳᒻᒥᒃ ᐊᒻᒪ ᐃᒥᕐᒥᒃ. ᐊᒻᒪ ᐃᕝᔪᓇᔭᐅᓕᖅᓗᓂ ᐃᕝᔪᐊᓂᖓᓂᒡᓗ ᕿᕿᑦᓯᐊᖕᒍᓕᖅᓗᓂ. ᐊᒻᒪ ᐱᓚᐅᒻᒧᑦ ᖃᐃᖅᓴᖅᑕᐅᓕᖅᓗᑎᒃ, ᐊᒻᒪ ᓯᕐᒥᖅᓗᒋᒃ ᓇᓄᕐᒥᒃ ᓯᕐᒥᖅᓯᑎᖃᖅᓗᑎᒃ ᐊᓗᒋᒃ ᖃᒧᑎᒃ ᒪᓂᒃᓯᑦᑎᐊᖅᓗᒋᒃ.

ᓴᕝᒍᑦ

ᓴᕝᒍᑎᑦ ᑕᑭᓂᖃᖅᐸᓚᐅᖅᐳᑦ 3 ᐅᕝᕙᓗ 4 ᐃᑎᒐᐃᑦ ᐆᒃᑑᑎᒋᓗᒋᒃ, ᑖᒻᓇ ᓴᕝᒍᑕᐅᓂᐊ ᑐᒃᑐᑉ ᓇᒡᔪᕕᓂᓇᕝᓗᓂᐅᒃ. ᐊᐳᒻᒥᒃ ᑲᐅᓪᓗᕋᕈᑕᐅᕝᓗᓂ ᐊᐳᑎᑦᓴᐅᓂᕐᒥᒃ ᕿᓂᕈᑕᐅᓯᖅᑐᖅ, ᐊᐳᑦ ᐳᑲᖃᔭᖕᒍᓗᓂ ᓯᑎᔫᓗᓂᓗ ᐊᐅᕕᒃᓴᑦᑎᐊᖕᒍᓗᓂ ᐃᒡᓘᓂᐊᕐᓗᓂ. ᐊᒻᒪᑉᑕᐅᖅ ᐊᑐᒐᐅᕝᕙᓗᓇᖅ ᓇᑦᓰᑦ ᐊᒡᓗᖏᓐᓂᒃ ᕿᓂᕈᑕᐅᕝᓗᓂ.

ᐳᐊᓪᓇᑦ ᐊᐳᒻᒧᑦ

ᐳᐊᓪᓇᑦ ᐊᐳᒻᒧᑦ ᓴᓇᓯᒪᕗᖅ ᓇᒡᔪᒃ ᖁᐱᕝᓗᒍ ᐊᒻᒪ ᒥᖅᑯᐃᑦᑑᕝᓗᓂ ᐃᓚᖓ. ᑲᑎᓯᒪᕙᓚᐅᖅᐳᖅ ᐃᕙᓗᒍᑦ ᐱᓪᕋᖅᓯᒪᔪᒍᑦ. ᐊᑐᖅᑕᐅᕙᒃᓗᓂᓗ ᐊᐳᒻᒥᒃ ᐳᐊᓪᓇᔭᕈᑕᐅᕝᓗᓂ, ᐃᒡᓗᒥᒃ ᓂᓐᖏᕐᓂᒍᑕᐅᕝᓗᓂ ᐊᑑᑎᖃᓗᐊᓚᐅᖅᑐᖅ.

ᑲᐅᒐᖅᓯᑦ ᐅᖅᓱᓂᒃ.

ᑖᒻᓇ ᓴᓇᔭᐅᕙᓚᐅᖅᑐᖅ ᐅᒥᖕᒪᐅᑉ ᓇᒡᔪᐊᓂᑦ. ᓄᓕᐊᖕᒍᔪᑉ ᐊᑐᖅᐸᓚᐅᖅᑉ ᐅᖅᓱᒥᒃ ᕿᕿᔪᒥᒃ ᑲᐅᒐᖅᓯᑎᒋᕝᓗᒍ, ᐅᖅᓱᖅ ᐊᕿᓕᑦᓯᐊᖅᓗᓂ ᖁᓪᓕᐅᑉ ᐅᖅᓱᓇᓂᐊᒑ.

ᐃᓐᓂᑕᖅ ᐸᓂᖅᓰᕝᕕᒃ

ᑖᒻᓇ ᓴᓇᓯᒪᔪᖅ ᑐᒃᑐᑉ ᓇᒡᔪᐊᓂᑦ ᐃᓐᓂᑕᖃᖅᓗᓂ ᑐᒃᑐᑉ ᐊᒥᐊᓂᒃ ᖁᕝᓗᖅᓯᒪᔪᒥᒃ. ᑖᒻᓇ ᐃᓐᓂᑕᖅ ᖁᓪᓕᐅᑉ ᖁᓛᓂ ᐃᑉᐸᓚᐅᖅᑐᖅ ᑭᓂᐸᔪᓂᒃ ᐊᒥᕋᓗᖕᓂᒃ ᐸᓂᖅᓰᕝᕕᐅᕝᓗᓂ. ᐱᖓᓱᓂᒃ ᕿᔪᐊᕐᓂᒃ ᐊᑦᑕᕕᖃᖅᓗᓂ, ᑲᑭᕙᖕᓂᒃ ᐊᑦᑕᕕᖃᕋᔪᓚᐅᖅᑐᑦ ᐃᓚᖃᖅᓯᓐᓇᖅᓗᒍ ᕿᔪᐊᖕᓂᒃ ᒪᓪᕈᒃᑲᓐᓃᖕᓂᒃ ᐃᒡᓗᑉ ᓴᓂᕋᓄᑦ ᑲᑉᐳᑎᓯᒪᔪᖕᓂᒃ ᐃᓐᓂᑕᐅᑉ ᐊᑦᑕᕕᒋᓂᐊᖅᓗᓂᐅᒃ.

ᐅᓐᖅ ᐃᖃᓪᓕᓇᓐᓂᐅᑦ

ᑖᒻᓇ ᐊᖑᓇᓱᒍᑎᓪᓕᓇᐅᕝᓚᐅᖅᑐᖅ. ᑕᑭᓂᖃᖅᑐᖅ 4.5 ᐃᑎᒐᐃᑦ ᑕᑭᓂᖃᖅᓗᓂ ᐊᒻᒪ ᑐᒃᑐᑉ ᓇᒡᔪᐊᓂᑦ ᓴᓇᓯᒪᕝᓗᓂ. ᐊᑐᒐᐅᕝᓚᐅᖅᑐᖅ ᓇᑦᓯᕐᓄᑦ ᐊᒻᒪ ᓂᕐᔪᑎᓄᑦ ᐊᓯᖏᓄᑦ. ᐅᓐᖅ ᓴᒃᑯᖃᖅᐸᓚᐅᖅᑐᖅ ᓯᑎᔪᒥᒃ ᓇᓄᑉ ᓴᐅᓂᖓᓂᒃ. ᓴᒃᑯᑉ ᓄᕗᐊ ᓇᓄᑉ ᓴᐅᓂᓇᕝᓗᓂᐅᒃ ᐊᒻᒪ ᑑᓇᔭᐅᔪᖕᓇᖅᓗᓂ ᓯᑯᒧᑦ.

ᑑᖅ

ᑑᖅ ᐊᑐᒐᐅᕝᓚᐅᖅᐳᖅ ᓯᑯᒥᒃ

ᐊᒡᓗᒥᒃ ᕿᓂᕈᑦ.
ᑖᒻᓇ ᕿᑎᐊᒍᑦ ᓂᐅᖓᓂᓕᒃ ᐊᒻᒪ ᕿᓂᕈᑕᐅᕙᒃᓗᓂ ᓇᑦᓯᐅᑉ ᐊᒡᓗᖓᑕ ᖃᓄᐃᓐᓂᖓᓂᒃ.
ᑕᐃᒪᓐᓇ ᕿᓂᕈᑎᖃᔪᓚᐅᖅᐳᑦ ᓇᑦᓰᑦ ᐊᒡᓗᖏᑦ ᑎᑯᖅᑐᐃᓐᓇᐅᕙᖏᒻᒪᑕ.

ᐊᒡᓗᒧᑦ - ᐃᓚᐅᑦ
ᐅᒥᖓᐅᑉ ᓇᒡᔪᐊᓂᑦ ᓴᓇᓯᒪᔪᖅ; ᐃᓚᐅᑕᐅᓂᖓ ᑐᐊᑦᑐᕋᐅᔭᖅ ᐊᒻᒪ ᐃᐳᖃᖅᓗᓂ ᑎᑯᖅᑐᒥᒃ.
ᐊᑐᖅᑕᐅᕙᓚᐅᖅᑐᖅ ᐊᒡᓗᒥᒃ ᐃᓚᐅᔭᔭᕈᑕᐅᕙᓗᓂ.

ᓇᒪᒃᑕᖅ
ᓇᒪᒃᑕᖅ ᓴᓇᓯᒪᕗᖅ ᓂᕐᔪᑎᑉ ᐊᒥᐊᓂᑦ ᐱᖁᑕᐅᓯᕕᐅᕙᓗᓂ. ᐊᖑᓇᓱᒃᑎᐅᑉ ᑐᒻᒥᕙᕕᒋᓱᖅᑉ
ᐊᒡᓗᒥ ᓇᑦᓯᕐᓂᓗᓕᕋᖓᒥ. ᐃᑎᒐᐃᖅᓯᔭᓇᒃᑯᑎᒋᓱᖅᑉ ᐊᒻᒪ ᕿᒃᓗᒃᐸᓗᒃᑕᐃᓕᔭᔪᑕᐅᕙᓗᓂ
ᑐᕙᕙᒥ ᑐᒻᒪᖅᑐᒥᑦ. ᓇᑦᓰᑦ ᓯᐅᔭᔭᓇᑦᓯᐊᒥᐊᕐᒪᑕ.

ᐳᐃᓕᖅᑐᒥᒃ ᖃᐅᔨᓴᐅᑦ
ᑖᒻᓇ ᐊᑐᒐᐅᕙᓚᐅᖅᑐᖅ ᐊᒡᓗᒥ ᓇᑦᓯᕐᓂᓗᒃᑐᓂᑦ ᖃᐅᔨᒪᔭᔪᑕᐅᓱᕐᒪᑦ ᓇᑦᓯᖅ ᐊᒡᓗᒥᒍᑦ
ᐳᐃᔭᖅᑐᓕᕋᖓᑦ. ᓴᓇᓯᒪᔪᖅ ᑐᒃᑐᑉ ᓂᐅᖓᑕ ᐃᕙᓗᐊᓂᑦ ᖁᐱᓯᒪᕙᓗᓂ ᓇᓅᔭᑐᑦ
ᑕᐅᑦᑐᖃᓕᖅᑎᓯᒪᕙᓗᓂ ᐊᒻᒪ ᑎᖕᒥᐊᕈᓯᐅᑉ ᕿᕕᐅᖓᓂᒃ ᐃᓕᓯᕙᒃᓗᑎᒃ. ᐊᒡᓗᒧᑦ
ᐃᓕᔭᐅᓯᒪᓱᖅᑐᖅ.

ᓴᐅᓂᖅ ᖃᐅᔨᓴᕈᑦ
ᑖᒻᓇ ᐊᑐᒐᐅᕙᓚᐅᖅᑐᖅ ᓇᑦᓯᖅ ᐊᒡᓗᒥᓄᒧᐊᖏᒻᒪᖓᑦ ᓱᓕ. ᓴᓇᓯᒪᔪᖅ ᑐᒃᑐᑉ ᓴᐅᓂᖏᓂᑦ
ᑐᐊᑦᑐᒐᔭᓂᑦ. ᓇᐃᓐᓂᖓ ᐃᒫᖅᓯᒪᑎᑕᐅᓱᖅᑐᖅ ᐊᒻᒪ ᑕᑭᓂᖓ ᐊᐳᒻᒥ ᓄᐃᑕᕙᓗᓂ.

ᐅᓈᑉ ᑐᓐᖓᕙᕕᖓ
ᑖᑉᑯᐊ ᑐᒃᑐᑉ ᓇᒡᔪᐊᓂᑦ ᓴᓇᓯᒪᔪᑦ ᐊᒻᒪ ᐊᒥᕐᒥᒃ ᐃᓪᓕᓇᓯᒪᕙᓗᑎᒃ ᐅᓈᑉ
ᑐᓐᖓᕙᕕᒋᓂᐊᖅᑕᖓᑕ ᓇᓛᒍᑦ. ᐊᒥᕐᒥᒃ ᐊᕿᖅᑯᑕᓛᑦ ᐊᒻᒪ ᓄᕙᕗᓇᖓᓂᖓ ᐊᐳᒻᒧᑦ
ᑲᑉᐳᑎᓯᒪᕙᓗᓂ. ᐊᒥᖅ ᑐᓐᖓᕙᕕᖓ ᐱᖅᐸᓗᒌᒃᑯᑕᐅᕗᖅ ᐊᖑᑦ ᓇᑦᓯᕐᓂᐊᖅᑎᓪᓗᒍ.

ᖃᕐᔪᖅᓴᖅ ᐱᑑᑕᖓᓗ
ᓯᑯᒥ ᐊᒡᓗᐊᓕᐅᓚᐅᖅᓗᑎᒃ ᑖᒻᓇ ᖃᕐᔪᖅᓴᖅ ᐱᑑᑕᖓᓗ ᐃᖃᓪᓕᓇᔭᔪᑕᐅᓕᖅᓗᓂ. ᓴᐅᓂᕐᒥᒃ
ᓂᐅᖓᔪᒥᒃ ᐃᐳᓛᑦ, ᐊᒻᒪ ᐱᓪᕋᖅᓯᒪᔪᒥᒃ ᐱᑑᑕᖃᖅᓗᓂ. ᑎᕙᔭᖓ ᓴᐅᓂᐅᕙᓗᓂᑉᑕᐅᖅ ᐊᒻᒪ
ᓴᕕᖕᒥᒃ ᖃᕐᔪᖅᓴᖃᖅᓗᓂ. ᒥᑭᒃᓯᒍᑎᖃᓇᐊᖃᖕᒋᑦᑐᖅ.

ᐃᒡᒫᒃ ᐃᓪᓗᒋᒃᑯᑎᒃ
ᑖᑉᑯᐊ ᐊᑐᒐᐅᕙᓚᐅᖅᑐᒃ ᐃᓪᓗᓕᓇᒃᑯᑕᐅᕙᓗᑎᒃ ᓯᕿᓂᖅ ᖃᐅᒪᕐᔪᐊᓕᕋᖓᑦ ᓯᑯᒥ ᐊᐳᒻᒥᓗ.
ᓴᓇᓯᒪᔪᒃ ᓴᐅᓂᕐᒥᑦ.

ᖃᔪᑦᑕᖅ

ᑖᒻᓇ ᐅᒥᖓᒪᐅᑉ ᓇᒡᔪᐊᓂᑦ ᓴᓇᓯᒪᔪᖅ ᐃᐳᔅᓈᖃᖅᓗᓂ ᑐᓄᐊᒍᑦ.

ᓇᑦᓯᐅᑉ ᕿᓯᐊ ᖃᑦᑕᖅ

ᑖᒻᓇ ᓴᓇᓯᒪᔪᖅ ᓇᑦᓯᐅᑉ ᕿᓯᐊᓂᑦ ᐊᒻᒪ ᐊᑐᖅᑕᐅᓪᓗᕆᓚᐅᖅᑐᖅ ᐆᕆᔭᐅᕝᓗᓂ ᐃᒪᕐᒧᑦ ᓯᑯᒧᓪᓗ.

ᐅᒃᑯᓯᒃᓴᖅ ᓇᓂᕈᑦ (ᕐᑯᓪᓕᖅ)

ᑖᒻᓇ ᓴᓇᓯᒪᔪᖅ ᐅᒃᑯᓯᒃᓴᒥᑦ ᑕᑭᑎᒋᔪᖕᓇᖅᓗᓂ 40-80 ᓴᓐᑕᒦᑕ (14-30 ᐃᓐᓯᓴ). ᐊᑐᓪᓗᕆᓚᐅᖅᑐᖅ ᐅᕐᑯᖅᓴᐅᑕᐅᕝᓗᓂ, ᖃᐅᒪᔾᔪᑕᐅᕝᓗᓂᓗ ᐃᒡᓗᒥ ᐃᕿᒐᔾᔪᑕᐅᕝᒃᓗᓂᓗ. ᐊᖑᒻᒧᑦ ᐅᐃᒋᔭᖓᓄᑦ ᓴᓇᔭᐅᔪᖅ ᐊᒻᒪ ᐊᕐᓇᐅᑉ ᓄᓕᐊᕆᔭᖓᑕ ᐱᒋᕝᓗᓂᐅᒃ.

ᐅᒃᑯᓯᒃᓴᖅ ᐅᒃᑯᓯᒃ

ᑖᒻᓇ ᓴᓇᓯᒪᔪᖅ ᐅᒃᑯᓯᒃᓴᒥᑦ ᐅᐃᖓᑕ ᓴᓇᔫ ᓄᓕᐊᕐᒥᓄᑦ ᐱᒋᕐᑯᕝᓗᒍ. ᐃᑯᕝᕋᖅᓯᒪᔪᖅ ᐊᒻᒪ ᕐᑯᓕᑉᒥᖅᓗᑎᒃ ᐃᒐᕝᕕᐅᕝᒃᓗᓂ. ᐆᓇᖅᓯᐊᓚᔪᖅ ᑭᓯᐊᓂ ᐊᑯᓂ ᐃᒐᓱᖅᑐᖅ ᕿᑐᕐᖓᓃᓄᑦ ᐱᔭᐅᓂᐊᖅᑐᒥᒃ.

ᐃᓚᐅᑦ

ᑖᒻᓇ ᐊᑐᒐᐅᕝᒃᑐᖅ ᓯᑯᐃᔭᕈᑕᐅᕝᓗᓂ ᓯᑯᒥ ᐃᒥᖅ ᑭᓚᒃᑳᖓᑦ. ᓴᓇᓯᒪᔪᖅ ᐅᒥᖓᒪᐅᑉ ᓇᒡᔪᐊᓂᑦ ᐅᕝᕙᓘᕝᕙ ᑐᒃᑐᑉ ᓇᒡᔪᐊᓂᑦ ᐃᐳᖃᖅᓗᓂ ᕿᔪᖕᒥᒃ.

ᐊᓐᓄᕐᑦ

ᐊᓐᓄᕐᑦ ᑕᒪᕐᒥᑲᓴᒃ ᓴᓇᓯᒪᕝᕙᓚᐅᖅᐳᑦ ᑐᒃᑐᑉ ᐊᒥᖓᓂᑦ ᓇᑦᓯᐅᕝᓘᕝᕙ ᑭᓯᖓᓂᑦ. ᓇᓐᓄᑦ ᐊᒥᖏᓂᒃ ᑭᓯᐊᓂ ᐊᑐᓕᖅᐸᓚᐅᖅᐳᑦ ᑐᒃᑐᑉ ᐊᑉᖁᓛᖕᒋᑦᓴᕐᖓᑕ ᐅᕝᕙᓘᕝᕙ ᐊᒥᕐᓂᒃ ᐊᑐᐃᓐᓇᖅᑕᖃᓗᐊᖕᒋᑦᓴᕐᖓᑦ.