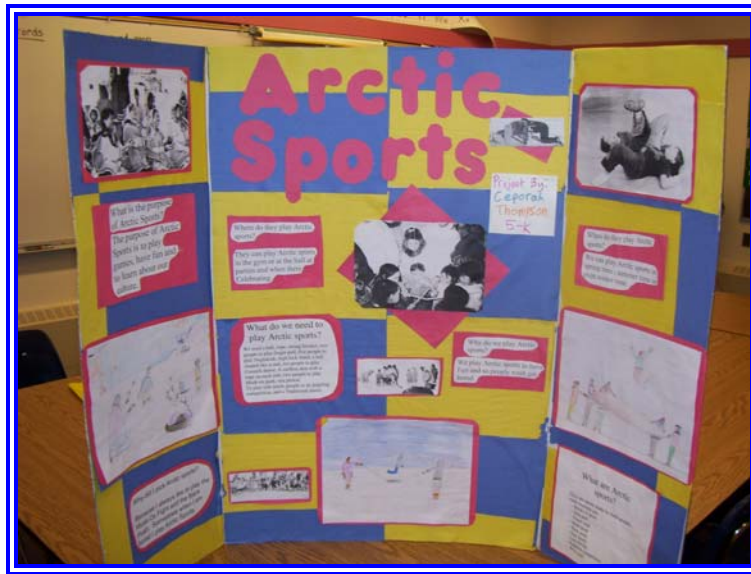


**Arctic Sports**  
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**Why do we play Arctic Sports?**

We play arctic sports to have fun so people won't get bored.

**Where do we play Arctic Sports?**

They can play them in the gym, outside or at the hall at parties when we are celebrating.



**I drew this picture people are tossing an Inuk in the air.**

### **When do we play Arctic Sports?**

We play arctic sports in springtime, summer time or even in the wintertime.

### **What are Arctic Sports?**

They are sports that were made by Inuit people, some examples are:

- Musk-ox push
- Arm pull
- Finger pull
- Head push
- Back push
- Side reach
- Leg wrestle
- Juggling competition
- Wrist pull



**Inuit playing Nugluktak**

### **What do we need to play Arctic Sports?**

For some games we need balls, ropes, or strong blankets

Two people play the finger pull.

Five people play Nugluktak.

For high kick you need a high kickstand and a ball shaped like a seal.

To play the Cossack dance you need 10 people.

Two people play the Musk-ox push.

Anyone can do juggling competitions or traditional dances.



**This is the leg pull.**

### **What is the purpose of Arctic Sports?**

The purpose of Arctic sports is to have fun, play games and learn about our culture.

### **Why did I pick Arctic Sports?**

I chose Arctic Sports because I like to play the musk-ox push and fight back during the push. Sometime I am bored and practice different Arctic sports.



**These ladies are juggling.**



**I drew this picture of the blanket toss.**