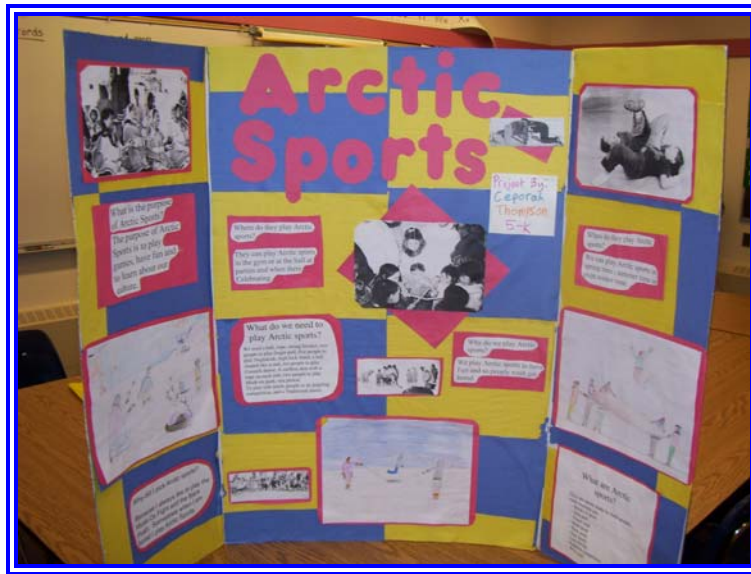


Arctic Sports
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Why do we play Arctic Sports?

We play arctic sports to have fun so people won't get bored.

Where do we play Arctic Sports?

They can play them in the gym, outside or at the hall at parties when we are celebrating.



I drew this picture people are tossing an Inuk in the air.

When do we play Arctic Sports?

We play arctic sports in springtime, summer time or even in the wintertime.

What are Arctic Sports?

They are sports that were made by Inuit people, some examples are:

- Musk-ox push
- Arm pull
- Finger pull
- Head push
- Back push
- Side reach
- Leg wrestle
- Juggling competition
- Wrist pull



Inuit playing Nugluktak

What do we need to play Arctic Sports?

For some games we need balls, ropes, or strong blankets

Two people play the finger pull.

Five people play Nugluktak.

For high kick you need a high kickstand and a ball shaped like a seal.

To play the Cossack dance you need 10 people.

Two people play the Musk-ox push.

Anyone can do juggling competitions or traditional dances.



This is the leg pull.

What is the purpose of Arctic Sports?

The purpose of Arctic sports is to have fun, play games and learn about our culture.

Why did I pick Arctic Sports?

I chose Arctic Sports because I like to play the musk-ox push and fight back during the push. Sometime I am bored and practice different Arctic sports.



These ladies are juggling.



I drew this picture of the blanket toss.